

MARCH WORKBOOK



cosmic energy:
♊ ♈
pisces aries



themes for the month:

The themes this month are NEW BEGINNINGS, REBIRTH and TRANSFORMATION. Between the sabbat Ostara and the cosmic weather, March is sure to be full of opportunities and deep growth.

keywords this month:

Change • Rebirth • Ambition • Growth • Re-invention • Transformation • Awakening

March mantra:

i am capable of manifesting everything i desire. change is part of growth.

you can start anew at any given moment. life is just the passage of time and it's up to you to pass it as you please.

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I dedicate the month of March to the following deities/divine energies:

I will honor these divine beings by:

When I meet this goal, I will feel:

This will change my life in this way:

notable dates & energies:

March 2nd *venus retrograde:*

A time to reassess love, relationships, and self-worth. Old connections, unresolved emotions, and financial patterns may resurface. Reflect on what truly aligns with your values and brings lasting joy.

March 14th *full moon in virgo:*

Illuminates areas in need of order, healing, and intention. A powerful time for releasing perfectionism and embracing progress. Focus on self-care, routines, and grounding practices.

March 20th *sun enters aries:*

Aries season ignites passion, courage, and forward momentum. A fresh start filled with bold action and self-leadership. Embrace spontaneity and take steps toward personal goals.

March 20th *ostara:*

New Beginnings & Rebirth: Celebrates balance, renewal, and the return of the light. A time for planting seeds—both literal and metaphorical. Honor growth, fertility, and the energy of new possibilities.

March 29th *solar eclipse & new moon in aries:*

A potent reset, bringing sudden shifts and bold new directions. Release outdated patterns and step into authentic self-expression. Trust in transformation—what begins now will unfold with time.

journaling prompts for march:

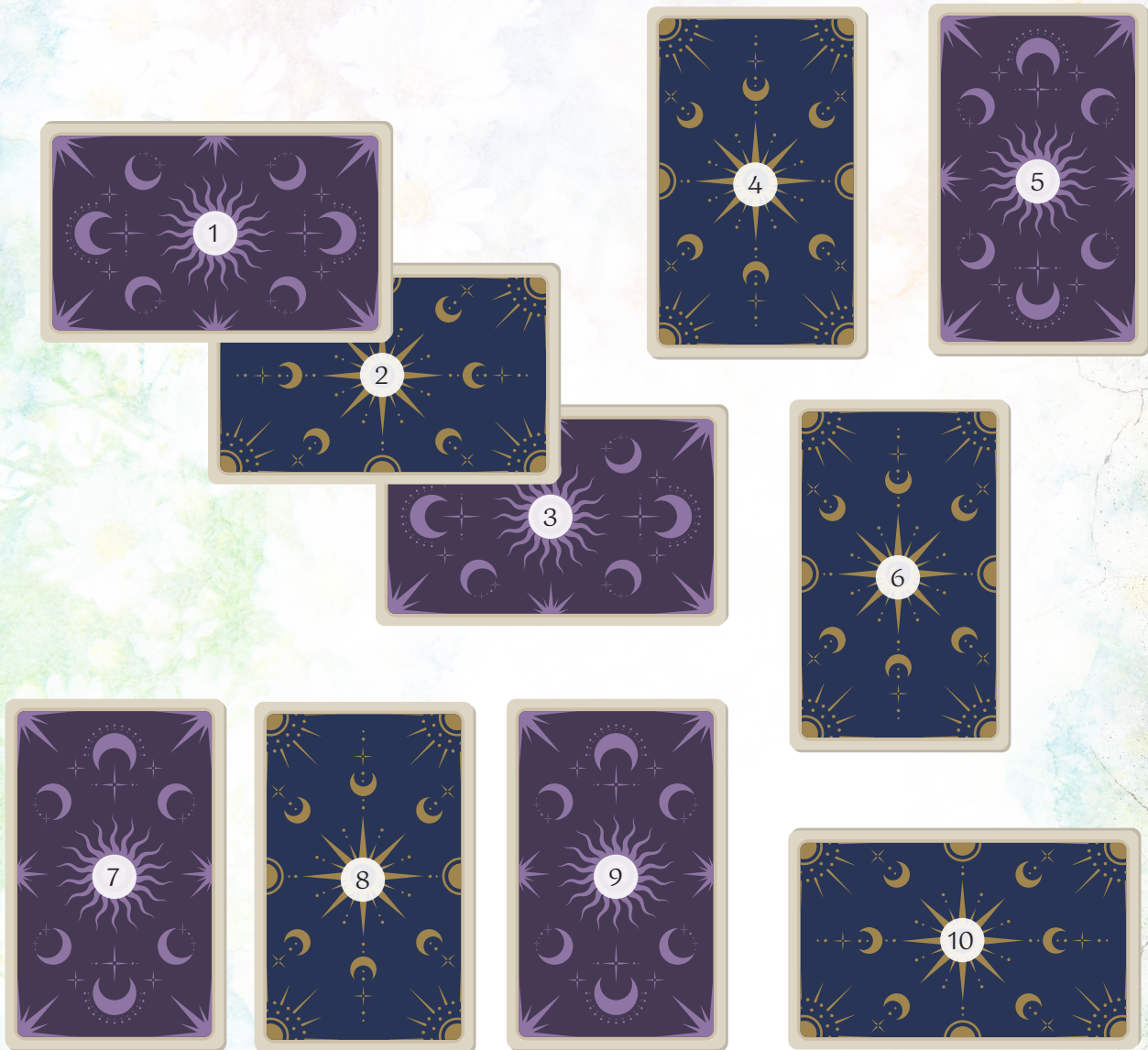
- When I see new growth in the earth, after a long winter, I feel...
- The thing I am most afraid of changing about myself is...
- When I look back at my life, I wish I never stopped doing this....
- If time, money, and obligations were not an option, I would love to spend my time doing this....

as long as you're alive, you always have the chance to start again. © Emily Acker



tarot spread

OLD & NEW LIFE TRANSFORMATION



meanings

- #1 Your former self
- #2 Your past challenges
- #3 Lessons you have learned through past challenges
- #4 Changes & transformations you are experiencing now
- #5 New perspective or solution to consider
- #6 The best version of you
- #7 Your strengths
- #8 Your hopes
- #9 Your future
- #10 A message from Spirit

